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### AMENDMENT Serial No. 09/557,119

YOR9-2000-0023-US1

## IN THE CLAIMS:

1	1. (Amended) A programmable alarm clock system for waking a sleeper during a
2	selected period of sleep, said programmable alarm clock system comprising:
3	a sleep analyzing server;
4	at least one sleep activity sensor attachable to a head of a sleeper;
5	a receiver receiving sleep activity signals from each at least one said sleep
6	activity sensor;
7	a local computer receiving a wake up time and received said sleep activity
8	signals and sending said received sleep activity signals remotely to said sleep analyzing
9	server; and
10	a remotely triggered local alarm device sounding a wake up alarm responsive to
11	a determination from said local computer that said sleeper should be awoken.
1	2. (Original) A programmable alarm clock system as in claim 1, wherein said sleep
2	activity is brain activity and said sleep analyzing server analyzes received brain activity
3	signals and identifies periods of slow wave sleep.
1	3. (Original) A programmable alarm clock system as in claim 1, wherein said sleep
2	activity is brain activity and said sleep analyzing server analyzes received brain activity
3	signals and identifies periods of REM sleep and non-REM sleep.
1	4. (Original) A programmable alarm clock system as in claim 1, wherein said at least
2	one sensor measures brain activity using electroencephelography.
1	5. (Original) A programmable alarm clock system as in claim 1, wherein said at least
2	one sensor measures brain activity using polysomnography.
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#### **AMENDMENT**

YOR9-2000-0023-US1

Serial No. 09/557,119

- 6. (Amended) A programmable alarm clock system as in claim 1, wherein said activity 2
- is brain activity and said at least one sensor is a plurality of sensors measuring brain 3
- activity and in wireless communication with said local computer. 4
- 7. (Amended) A programmable alarm clock system as in claim 1, wherein said at least 1
- one sleep activity sensor is eye movement and one or more eyelid sensors are attached 2
- to said sleeper's cyclids measuring said eye movement, said receiver receiving sensor 3
- signals from said eyelid sensors. 4
- 8. (Amended) A programmable alarm clock system as in claim 1, wherein said local 1
- computer is further provided with a selected sleep activity, the sleep analyzing server
- sending information about identified periods of said selected sleep activity to said local 3
- computer and said local computer determines from received said information when to
- trigger said wake up alarm relative to said wake up time. 5
- 9. (Previously Amended) A programmable alarm clock system as in claim 8, wherein 1
- when said local computer determines that said sleeper is in an identified period of said 2
- selected sleep activity at said wake up time, said local computer triggers said wake up 3
- 4 alarm.
- 10. (Previously Amended) A programmable alarm clock system as in claim 9, wherein 1
- when said local computer determines that said sleeper is in an other sleep activity period 2
- identified as having a sleep activity other than said selected sleep activity at said wake 3
- up time, said local computer triggers said wake up alarm at an end to said other sleep 4
- 5 activity period.
- 11. (Previously Amended) A programmable alarm clock system as in claim 9, wherein 1
- when said local computer determines that said sleeper is in an other sleep activity period 2

Serial No. 09/557,119

identified as having a sleep activity other than said selected sleep activity at said wake 3 up time, said local computer postpones triggering said alarm until a next selected sleep 4 period. 5 12. (Previously Amended) A programmable alarm clock system as in claim 10, wherein 1 when said local computer determines that said sleeper is in an other sleep activity period 2 identified as having a sleep activity other than said selected sleep activity at said wake 3 up time, if said local computer determines that the next selected sleep activity period is 4 expected to occur beyond a selected margin, said local computer triggers said wake up 5 alarm. 13. (Original) A programmable alarm clock system as in claim 8, wherein said selected sleep activity is REM sleep. 14. (Original) A programmable alarm clock system as in claim 8, wherein said selected 1 2 sleep activity is non-REM sleep. 15. (Previously Amended) A programmable alarm clock system as in claim 6, wherein 1 the server comprises: 2 a receiving module receiving sleep activity; 3 a signal analyzer charting sleep data and identifying sleep periods as being either 4 selected activity sleep periods or other activity sleep periods; -5 a signal labeler labeling selected activity sleep periods and other activity sleep 6 7 periods; and a sender sending labeled said charts to the local computer. 8 16. (Previously Amended) A programmable alarm clock system as in claim 15, further

comprising:

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### AMENDMENT

#### YOR9-2000-0023-US1

Serial No. 09/557,119

3	a signal processing unit receiving analog signals representative of said sleep
4	activity and providing digital sleep data to the signal analyzer responsive to said analog
5	signals.
1	17. (Previously Amended) A programmable alarm clock system as in claim 16, further
2	comprising:
3	one or more sleep activity sensors attached to the head of said sleeper, each of
4	said one or more sensors sending sleep activity signals to said receiving module.
1 2	18. (Previously Amended) A programmable alarm clock system as in claim 17, wherein at least one of said one or more sleep activity sensors is sensing brain activity.
1 2	19. (Original) A programmable alarm clock system as in claim 18, wherein the signal analyzer identifies sleep periods based upon selected brain activity prototypes.
. 1	20. (Previously Amended) A programmable alarm clock system as in claim 17, wherein
2	at least one of said one or more sense activity sensors senses eye movement.
1	21. (Previously Amended) A method of operating a programmable alarm clock, said
2	method comprising the steps of:
3 -	a) receiving sleep activity signals;
4	b) digitizing said sleep activity signals;
5	c) analyzing said digitized sleep activity signals to identify selected sleep
6	activity periods and other sleep activity periods;
.7	d) waiting for a designated wake up time;
8	e) determining whether said sleep activity signals indicate that a sleeper is
9	in a period of said selected sleep activity or a period of other sleep activity at said
10	designated wake up time; and

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## **AMENDMENT**

YOR9-2000-0023-US1

Serial No. 09/557,119

11	<ul> <li>f) sounding an alarm at said designated wake up time if said sleep activity</li> </ul>	y
12	signals indicate said selected sleep activity.	
1	22. (Previously Amended) A method of operating a programmable alarm clock as in	
2	claim 21, when said sleep activity signals indicate said other sleep activity period at sa	aid
3	wake up time, said method further comprising the steps of:	
4	g) determining an alarm time to sound said alarm; and	
5	h) sounding said alarm at said alarm time.	
1	23. (Previously Amended) A method of operating a programmable alarm clock as in	
2	claim 22, wherein the determining step (g) comprises the steps of:	
3	i) determining whether a wait margin has been selected, the alarm time	
4	being set to said designated wake up time when no wait margin has been selected;	
5	ii) setting the alarm time when said next expected selected sleep activity	
6	period is within the wait margin; and	
7	iii) if said other sleep activity continues beyond said wait margin, setting	
8	said alarm at the end of said wait margin.	
1	24. (Original) A method of operating a programmable alarm clock as in claim 23,	
2	wherein the sleep activity signals received in the receiving step (a) are brain activity	
3	signals and the brain activity signals are sent to a remotely connected server.	
1	25. (Original) A method of operating a programmable alarm clock as in claim 24,	
2	wherein the analyzing step (c) comprises the steps of:	
3	i) creating a prototype chart of said digitized brain activity signals; and	
4	<ul> <li>ii) labeling periods in said prototype chart as being selected sleep activity</li> </ul>	r



periods and other sleep activity periods.

1	26. (Amended) A method of operating a programmable alarm clock as in claim 25,
2	wherein said labeled prototype chart is sent to a local computer.
1	27. (Previously Amended) A method of operating a programmable alarm clock as in
2	claim 26, wherein in the step (e) of determining whether sleep activity signals indicate
3	that the sleeper is in the selected sleep activity period, said local computer interrogates
4	the labeled prototype chart, determining therefrom whether the designated wake up time
5	is in one of the selected sleep activity periods.
1	28. (Original) A method of operating a programmable alarm clock as in claim 27,
2	wherein the local computer sends a trigger to an alarm clock in the steps (f) and (h) of
3	sounding the alarm, the alarm clock sounding the alarm responsive to said trigger.
1	29. (Original) A method of operating a programmable alarm clock as in claim 28,
2	wherein the selected sleep activity is non-REM sleep.
1	30. (Original) A method of operating a programmable alarm clock as in claim 28,
2	wherein the selected sleep activity is REM sleep.
1	31. (Original) A method of operating a programmable alarm clock as in claim 28,
2	wherein the selected sleep activity is slow wave sleep.
1	32. (Previously Amended) A computer program product for operating a programmable
2	alarm clock system, said computer program product comprising a computer usable
3	medium having computer readable program code thereon, said computer readable
4	program code comprising:
5	computer readable program code means for digitizing sleep activity signals;
6	computer readable program code means for analyzing digitized said sleep
7	activity signals to identify selected sleep periods and non-selected sleep periods;

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#### AMENDMENT Serial No. 09/557,119

YOR9-2000-0023-US1

computer readable program code means for determining whether to send a trigger responsive to a designated wake up time is in a selected sleep period or non-selected sleep period; and

computer readable program code means for sounding an alarm responsive to said trigger.

33. (Previously Amended) A computer program product for operating a programmable alarm clock system as in claim 32, wherein said computer readable program code means for determining an alarm time comprises:

computer readable program code means for determining whether a wait margin has been selected, a trigger time being set to said designated wake up time when no wait margin has been selected;

computer readable program code means for setting said trigger time as a next expected selected sleep activity period when said next expected selected sleep activity period is determined to be expected to occur within the wait margin; and

computer readable program code means for setting said trigger time at the end of said wait margin, when a non-selected sleep activity period is expected to extend through said wait margin.

34. (Original) A computer program product for operating a programmable alarm clock system as in claim 33, further comprising:

computer readable program code means for forwarding received sleep activity signals to a remotely connected server.

35. (Previously Amended) A computer program product for operating a programmable alarm clock system as in claim 34, wherein the sleep activity signals are brain activity signals and said computer readable program code means for analyzing digitized brain activity comprises:



# AMENDMENT

YOR9-2000-0023-US1

Serial No. 09/557,119

5	computer readable program code means for creating a prototype chart of said
6	digitized brain activity signals;
7	computer readable program code means for labeling periods in said prototype
8	chart as being selected sleep periods and non-selected periods; and
9	computer readable program code means for sending each labeled said prototype
10	chart to a local computer.
1	36. (Previously Amended) A computer program product for operating a programmable
2	alarm clock system as in claim 35, wherein said computer readable program code means
3	for sounding said alarm comprises:
4	computer readable program code means for causing said local computer to send
5	said trigger to a local alarm device.
1	37. (Previously Amended) A computer program product for operating a programmable
2	alarm clock system as in claim 34, wherein said sleep activity signals are indicated by
3	eye movement.
1	38. (Previously Amended) A computer program product for operating a programmable
2	alarm clock system as in claim 37, wherein said selected sleep activity is REM sleep.
1	39. (Previously Amended) A computer program product for operating a programmable
2	alarm clock system as in claim 37, wherein said selected sleep activity is non-REM
3	sleep.
1	40. (Previously Amended) A computer program product for operating a programmable
2	alarm clock system as in claim 37, wherein said selected sleep activity is slow wave
3	sleep.